

Compass Group & Inspiring Excellence:

Fortifying Leadership Resilience in Global Foodservice



The Company

As Compass Group accelerated its global expansion in the hyper-competitive foodservice sector, two senior leadership teams faced mounting pressure to sustain performance while driving transformational change. Partnering with Inspiring Excellence, the organization deployed a bespoke coaching program that fused elite performance principles with experiential learning, achieving **measurable gains in leadership resilience, strategic communication, and cross-team trust**. The initiative laid the groundwork for scalable cultural agility as Compass prepares for its ambitious growth targets into 2025 and beyond.

1. Challenge/Context:

Leading Through Turbulence in Foodservice

In an industry defined by razor-thin margins, shifting consumer demands, and a geographically dispersed workforce, Compass Group's Compass Digital division confronted a critical inflection point. Two senior leadership teams were tasked with maintaining operational excellence while spearheading digital transformation across 40+ countries. Internal assessments revealed gaps in strategic focus, emotional agility, and the ability to foster psychological safety during high-stakes change vulnerability in a sector where employee turnover and client retention hinge on consistent leadership.

The challenge was clear: Equip leaders to thrive under VUCA (volatility, uncertainty, complexity, ambiguity) conditions without sacrificing team cohesion or innovation.

2. Approach:

Precision Coaching for High-Stakes Environments

Inspiring Excellence crafted a human-centered leadership program tailored to Compass Group's unique operational pressures, integrating elite coaching methodologies with immersive learning. Key elements included:

- **Elite Performance Frameworks:** Leveraging the *Ideal Performance Zone* model and Carol Dweck's *Growth Mindset* to reframe challenges as opportunities.
- **Bespoke Diagnostics:** Tools like *Flow-State Mapping* and *Circle of Control & Influence* to enhance decision-making clarity.
- **Experiential Scenarios:** Real-world simulations focused on feedback delivery, crisis communication, and sustaining momentum during change.

- **Relational Trust Building:** Workshops fostering vulnerability and psychological safety, anchored in Patrick Lencioni's Five Dysfunctions of a Team principles.
- **World-Class Practitioners:** Coaching based on Data Analytics, led by certified specialists and organizational psychologists with Fortune 500 experience. The program's ethos: ***Performance Under Pressure is a Team Sport.***



3. Implementation:

A Phased, Immersive Journey


Over two months, 20+ leaders engaged in a hybrid development journey:

- **Strategic Insight Mapping:** In-depth pre-interviews and qualitative analysis identified the critical gap between current reality and the team's ideal future state.
- **Bespoke Hybrid Immersives:** Two half-day, high-impact cross continent events combining in-person and virtual experiences to accelerate team alignment, clarity, and momentum.
- **Consistent 1:1 Leadership Coaching:** Regular sessions with VPs unlocked mindset shifts, sharpened strategic delegation, and elevated leadership presence..
- **Progress Metrics:** Pre/post assessments measuring impact and future program evolution.

4. Results:

Leadership Agility with Global Impact

The partnership delivered transformative outcomes for Compass Digital:

-  **90% Retention Rate** among participants' direct reports, signaling stronger team trust.
- Leaders reported **marked improvements in navigating high-pressure scenarios**, with one executive sharing, *"The frameworks we learned are now second nature—even in crisis moments."*
- **Enhanced cross-regional alignment** streamlined operations, with internal audits citing *"a dramatic reduction in duplicated efforts and siloed workflows."*
- Post-program feedback highlighted **heightened psychological safety**, described by teams as *"a culture where every voice adds value."*
- **Strategic Clarity:** Leaders demonstrated **stronger communication of organizational vision**, with team huddles now seen as *"rallying points for unified action."*



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“Inspiring Excellence didn’t just give us tools—they rewired how we lead. The immersive experiences were a game-changer. Suddenly, my team was solving problems we’d avoided for months. This isn’t coaching; it’s a competitive advantage.”

— Compass Digital Senior Director

5. Forward Vision: Scaling Excellence Across Continents

Compass Group is integrating Inspiring Excellence’s frameworks into its global talent strategy, with plans to expand the program to regional leadership cohorts. The partnership exemplifies how investing in human-centered leadership drives both cultural vitality and bottom-line results.

6. Key Takeaways

- **Purpose Under Pressure Drives Growth:** Our digitally focused teams product suites enabled consistent, high-quality guest experiences — specifically supporting 8.6% organic growth in Q3 2025.
- **Immersion Creates Breakthrough Thinking:** The two half-day hybrid immersives gave space for reflection and collaboration, sparking fresh solutions to challenges and novel perspectives.
- **ROI of Bespoke Coaching:** Compass Teams engaged in our bespoke coaching improved retention and operational efficiency by revolutionizing the digital arm of the company to show unforeseen growth metrics backed by team performance.

